

Requirement of Research Volunteer

Sleep and its related problems are one of the most rapidly growing disorders of the century and it needs very sensitive and timely treatment. It not only leads to a vicious cycle of intricately attached ailments like cardiac myopathies, diabetes, obesity, polycystic ovary syndrome etc. but also severely affects performance both physical and mental, which is of grave concern for academicians, students and society at large.

In view of this, Centre for Physiotherapy and Rehabilitation Sciences, Jamia Millia Islamia is planning to conduct “**Sleep Management Studies**” using available physiotherapeutic modalities. It is therefore, requested that people having problems in sleep and its architecture/Non-affected but interested peoples may contact on the numbers /e-mail ids enlisted at the end of the notice. We are looking for two categories of people:

- (i) Those with sleep problems
- (ii) Those without sleep problems

Some of the volunteers who fulfill our research requirements may be paid for their participation as per JMI rule.

Contact Details:

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Note-All calls should be made during office hours.